



## Brighton Recreation Fall 2024 Programs are here!

A full list of programs offered can be found on our website  
Register online, by phone, mail, or in person at the Rec Office

# FALL REGISTRATION

## Now Open!

non-resident registration starts 9/10

FOR MORE INFORMATION AND DETAILS Visit our website:  
[www.townofbrighton.org/rec](http://www.townofbrighton.org/rec)

### Fall Program Registration is Open!

Fall 2024 programs are now open for Brighton residents and will open for non-residents on Tuesday September 10 at 9:00 am. If you haven't yet, see below for some of our offerings, or browse our full list of classes and programs online. Remember to register early so that we can avoid cancelling or delaying classes due to low enrollment. You can register online, by phone, mail, or in-person at the Recreation Office. We're always adding new programs, so be sure to check our website, follow us on Facebook, and keep your eye on our Friday emails for new and exciting programs!

And as always, if you have any questions or need help registering, please give us a call and we're happy to help - 585-784-5260 x0. See you soon at Brighton Rec!

[View All Programs](#)

### Community Events

#### Brighton Community Bike Ride

September's community bike ride is sponsored by Women Tours and will be a bit longer (9-10 miles).

[VIEW ROUTE HERE](#)

Ages 11+, children must be accompanied by parent/guardian

Friday, Sept. 13 - 5:30 - 7:15 pm

[Register](#)



## Brighton COMMUNITY BIKE RIDE

September 13, 2024

5:45 pm

Ride Sponsored by:

WOMANTOURS

Get to know Brighton by bike!  
Have fun getting familiar with bicycle infrastructure and lower-stress ways to bike around town with Reconnect Rochester.



### Family Fun Fridays

September 27



[Register](#)

October 18



[Register](#)

### School Age Programs

Brighton Recreation offers care for school-age children Kindergarten through 5th grade during some school holidays and breaks. These programs are separate from our after school program and anyone can register!

#### Half Day Hoopla

Need care on BCSD half days? Brighton Rec is here with an afternoon of crafts, games, and fun at Brookside!  
Students can be bussed directly to Brookside after dismissal by contact BCSD transportation office.

[Register](#)

#### Full Day Fun Day

Don't sit at home on days off, come play at Brighton Rec! Participants must bring a nut-free lunch and snack.  
Program runs from 8:45 am - 5:00 pm  
Kindergarten - 5th Grade

[Register](#)

#### 100 Things to do in Rochester Before You're 12

Join Miss Michele and Miss Abby on a field trip to Ellison Park for the 2nd adventure of "100 Things to do in Rochester Before You're 12!" Participants will check 10 items off the list at Ellison Park, but how many more have you already done?  
Participants will be dropped off/picked up at Brighton Recreation. Transportation to Ellison Park will be in the Recreation Van.

Monday, October 14  
10:00 am - 2:00 pm  
Ages 6 - 11 yrs

[Register](#)

### Social Seniors @ Brighton Senior Center

Get Social at the Brighton Senior Center!

[Click Here to View September Edition of the Brightest Bulletin!](#)

### Brown Bag Bunch Tuesdays

11:30 - 1:00 pm

[Register](#)

Sept. 10

Birds of Central New York

Rosemary Irwin will get us familiar with our native feathered friends.

Sept. 17

Upcoming Changes in Medicare

Will Bianchi provides an overview of what's new and different about 2024 Medicare plans. Ask questions and get answers!

Sept. 24

Mandala Art

In the ancient Sanskrit language mandala means "circle." Traditionally it's a geometric design or pattern in various heavenly worlds

### SAVE THE DATE!

Lifespan's Annual  
Fall Prevention Awareness Day

Thursday, September 19, 2024  
10:00 am - 1:00 pm

Join Lifespan at the Brighton Farmers Market Barn for Interactive Demos, Vendors and More!

[Register](#)

[Register](#)

### Lunch Out & About

Join us for a nice time out and about!  
Register ahead online or by calling the recreation office at 585-784-5260 x0.  
Van transportation is available, space is limited so register early!

Wednesday, September 11

Legacy Clover Blossom

11:30 - meet at Rec center if riding with the group.  
Noon - meet at Legacy Clover Blossom  
Address: 100 McAuley Drive  
Rochester, NY 14610

Friday, September 27

"The Gables Experience" Luncheon

11:30 - meet at Rec center if riding with the group  
Noon - meet at The Gables  
Address: 2001 S. Clinton Avenue  
Rochester, NY 14618

### Programs for 6 years and under

#### Tap, Ballet, & Tumbling

Taught by American Dance Academy, intro to dance and basic tumbling skills.  
Ages 3 - 6 yrs

Wednesdays @ 5:30 pm  
Sept. 25 - Nov. 6

[Register](#)

#### Music & Movement

Explore dance & movement with music, imagination, and games!  
Ages 2 - 3.5 yrs

Thursdays @ 9:15 am  
Sept. 19 - Oct. 24

[Register](#)

#### Super Soccer Stars - Parent & Me

Parent-child pre-soccer program with music, movement, and puppets!  
Ages 1 - 2.5 yrs

Sundays @ 9:30 am  
Sept. 22 - Nov. 24

[Register](#)

#### Tots Takeover!

Toddlers take over the Brookside gym! parent supervision required.  
Ages 3 and under

Wednesdays @ 9:30 am  
Oct. 2 - Oct. 30

[Register](#)



#### Pee Wee Tennis

Fun drills to develop hand-eye coordination and introduce tennis!  
Ages 3 - 6 yrs

Saturdays @ 10:30 am  
Sept. 14 - Oct. 5

[Register](#)

### Youth Programs

Lots of ways to keep kids busy this fall after school and on weekends! Reminder - programs may be cancelled due to low enrollment so register early!

#### Future Stars Tennis

6 - 18 years

Fridays @ 4:00 pm  
Sept. 20 - Oct. 25

[Register](#)

#### Rock Climbing @ RocVentures

6 - 18 years

Saturdays, multiple times  
New sessions each month

[Register](#)

#### FJ1 NFL Flag Football

Ages 5 - 7 and 8 - 10 yrs

Tuesdays, 6:00 pm  
Sept. 24 - Oct. 29

[Register](#)

#### Soccer Shots

multiple ages

Wednesdays @ 5:30 pm  
Sept. 21 - Nov. 2

[Register](#)

#### After School Athletics

3rd - 5th Grade

Mondays @ 4:00 pm  
Sept. 16 - Oct. 7

[Register](#)

#### Tap, Ballet, & Jazz

3 - 7 years Mondays 5:15 pm  
7 - 12 years Wednesdays 1:15 pm  
Begins the week of Sept. 23

[Register](#)

#### Horseback Riding Lessons

6 - 18 years

Mondays @ 6:00 pm  
Sept. 30 - Oct. 28

[Register](#)

#### Tae Kwon Do

K - 2nd Grade Thursdays @ 4:15 pm 3rd - 12th Grade Saturdays @ 4:15 pm

[Register](#)

#### Fall T-Ball

Ages 5 - 7 yrs

Tuesdays/Thursdays @ 4:00 pm  
Sept. 24 - Oct. 29

[Register](#)

### Adult Sport & Fitness

Brighton Rec is offering so many ways to get active this fall! From Yoga to Pilates, Basketball to Pickleball, we have something for you!

#### Brighten Up Yoga

Yoga Revolution bring yoga to the Barn at Buckland this fall. Great for new and experienced yogis alike!

Wednesdays @ 5:30 pm  
Oct. 2 - Oct. 30

[Register](#)

#### Mat Pilates

Strengthen and lengthen on your lunch break! Pilates is easily modified for all bodies, come join us!

Wednesdays @ 12:15 pm  
Sept. 18 - Dec. 18

[Register](#)

#### Water Exercise @ St. John Meadows Pool

Saturdays @ 9:30 am  
Wednesdays @ 6:30 pm

[Register](#)

#### Yoga @ the Barn w/ Live Music

Yoga and live music together at the Barn - what could be better!

Saturday, October 5 @ 5:00 pm

[Register](#)

#### Adult Open Basketball

Open gym for adult basketball. Get back in the game and connect with others in the community!

Mondays @ 7:30 pm  
Sept. 23 - Nov. 4

[Register](#)

#### Indoor Disc Golf

Great for those new to disc golf and those experienced and looking to keep up their skills!

Tuesdays @ 6:00 pm  
Nov. 12 - Dec. 10

[Register](#)

### Happy People Play Pickleball!

Looking to get in the game - of pickleball? We've got classes for all levels and open gym times for those experienced folks ready to get on the court!

#### Foundations of Pickleball

For beginners, a 5-week course to learn the basics of the game.

Mondays @ 10:00 am  
Sept. 23 - Oct. 28

[Register](#)

#### Pickleball Instructionals

Certified coach Zachary Yusuf leads these 3-week comprehensive classes for all levels - Beginner to Advanced.

Thursday/Friday evenings

[Register](#)

#### Adult Open Pickleball

Open gym, no instruction. Registration Required.

Tues/Wed/Thurs afternoons

[Register](#)

### Lifelong Learning Programs

New sessions of our popular classes will start in September - it's never too late to try something new!

#### Knitting Class

Open to all skill levels - beginner to experienced! Individualized instruction will be provided.

Mondays @ 10:00 am with Brenda  
Mondays @ 6:30 pm with Betsy  
Sept. 16 - Jan. 13

[Register](#)

#### Painting Concepts

Ready to develop your painting style while working with the media of your choice? Our instructors are ready to guide you with individual attention and demonstration.

Tuesdays @ 6:30 pm  
Sept. 10 - Jan. 14

[Register](#)

### FREE Games & Activities

Register ahead online or by calling 585-784-5260, then check in when you arrive.

**Bridge Group** Mondays, 1:00 - 3:30 PM  
Register with a partner if you have one, but not required.

**Eucler Group** Tuesdays, 1:30 - 3:30 PM  
Bring your quarters & dimes.

**Mah Jongg Groups** Wednesdays 1:30 PM, Fridays 1:00 PM  
Bring the latest Mah Jongg card with you!

**Rummikub** Thursdays, 10:00 - Noon  
A tile-based game that combines elements of rummy and mah jongg!

**PLARN Group** Tuesdays, 9:30 - 11:30 AM  
Join this meaningful service project transforming plastic into mats for people experiencing homelessness.

**Needleworks** Wednesdays, 10:00 - Noon  
A group for people who enjoy individual needlework projects. Bring your project, peer guidance is always available!

**Short Story Circle** 1st & 3rd Fridays, 10:30 - Noon  
Do you enjoy discussing diverse short story genres and writers? Register to receive the reading schedule.

**Scrabble** Thursdays, 12:30 - 1:30 PM  
Please call ahead to register.

See you soon at Brighton Rec!

Questions? Call the Brighton Recreation Department at 585-784-5260  
Register online at [www.townofbrighton.org/rec](http://www.townofbrighton.org/rec)  
GPS Address: 1066 S. Winton Road  
Mailing Address: 220 Idlewood Road