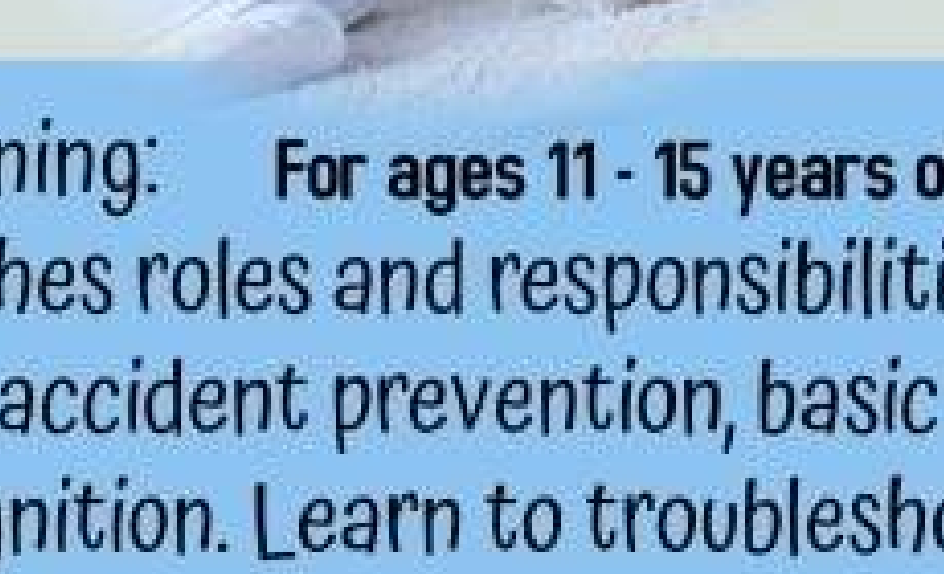




Home Alone Safety and Babysitter Training

By EPIC Trainings

Home Alone Safety: For ages 7-12 years old!
Designed to teach children the importance of safety, as well as how to act in a variety of emergencies. \$37



Babysitter's Training: For ages 11 - 15 years old!
This course teaches roles and responsibilities of the babysitter, including skills in accident prevention, basic first aid and emergency recognition. Learn to troubleshoot solutions to the most common problems a babysitter faces. \$67

Yay - It's Friday!

Happy first Friday of Fall! We hope you're enjoying this beautiful weather - we know our Family Fun Kickball crew will be having a blast at Buckland Park tonight! If you missed this Family Fun Friday, be sure to check out our next one on **October 18 - Family Escape Room**. Below you'll find many of our school break offerings as we know those half days and days off are coming quick!

And for our Brighton Senior Community, please check out the Brightest Bulletin for all our upcoming senior programs. For those that may not know, we will say farewell to Emily Kelsey, Senior Programs Coordinator, at the Tuesday luncheon on October 15. If you've been to any Senior Programs you know much she'll be missed so please come join us to say goodbye and good luck! See you soon at Brighton Rec!

[View All Programs](#)

School Break Programs

Brighton Rec offers care for Kindergarten - 5th Grade during some school breaks and holidays. These programs are separate from our after school program and anyone can register!

Brookside After School Program

As of 9/25, there is one spot available Monday - Friday at the Brookside location.

Please contact the office for more information and to register - 585-784-5260 x0.
A tour can be scheduled if desired, and children can be bussed from CRPS or FRES by contacting BCSD transportation office.

Half Day Hoopla

Need care on BCSD half days? We made more space available due to demand, register now!

Half Days - 11/8, 11/15, 12/6, 12/13

[Register](#)

Full Day Fun

Don't sit at home on days off, come play at Brighton Rec!
Kindergarten - 5th Grade, 8:45 am - 5:00 pm

Days Off - 10/3, 10/4, 10/11, 11/1

[Register](#)

*Students can be bussed to Brookside on these dates by contacting BCSD transportation

*Participants must bring a nut-free snack and lunch.

100 Things to do in Rochester before you're 12

Field Trip to Ellison Park!

Join Miss Michele and Miss Abby for the 2nd adventure of 100 things to do before you're 12! Participants will check 10 items off the list at Ellison Park, but how many more have you already done?!

Participants will be dropped off/picked up at Brighton Recreation. Transportation to Ellison Park will be in the Recreation van.

Monday, October 14
10:00 am - 2:00 pm
Ages 6 - 11 yrs

[Register](#)

Home Alone Safety: When I'm in Charge

This 90 minute class will teach the importance of behaving responsibly when home alone.
Ages 8 - 12 yrs.

Thursday, October 3
9:00 am - 10:30 pm

[Register](#)

First Aid for Kids & Scouts

This 90 minute course teaches a variety of skills to respond to variety of first aid related emergencies.
Ages 8 - 12 yrs.

Thursday, October 3
10:30 am - 12:00 pm

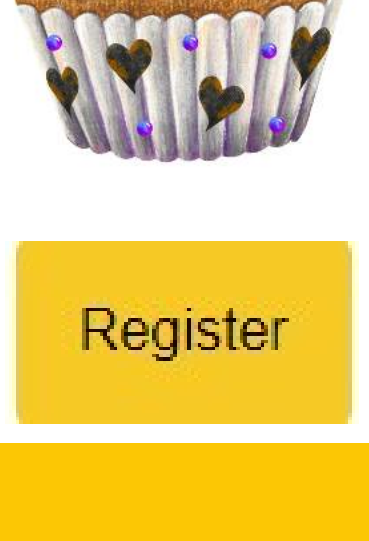
[Register](#)

Babysitter's Training

This 5 hour course will teach the roles & responsibilities of a babysitter including accident prevention & first aid. Ages 11 - 15 yrs.

Friday, October 4
9:00 am - 2:00 pm

[Register](#)



[Register](#)

Storybook Cook Halloween Dessert Wars!

Join Storybook Cook for the first class of the fall - Halloween desserts! Participants will compete for best decorated cupcakes and treats in different categories.
Ages 8 - 12 yrs.

Friday, October 11
3:00 pm - 4:30 pm
Ages 8 - 12 yrs

Youth Programs

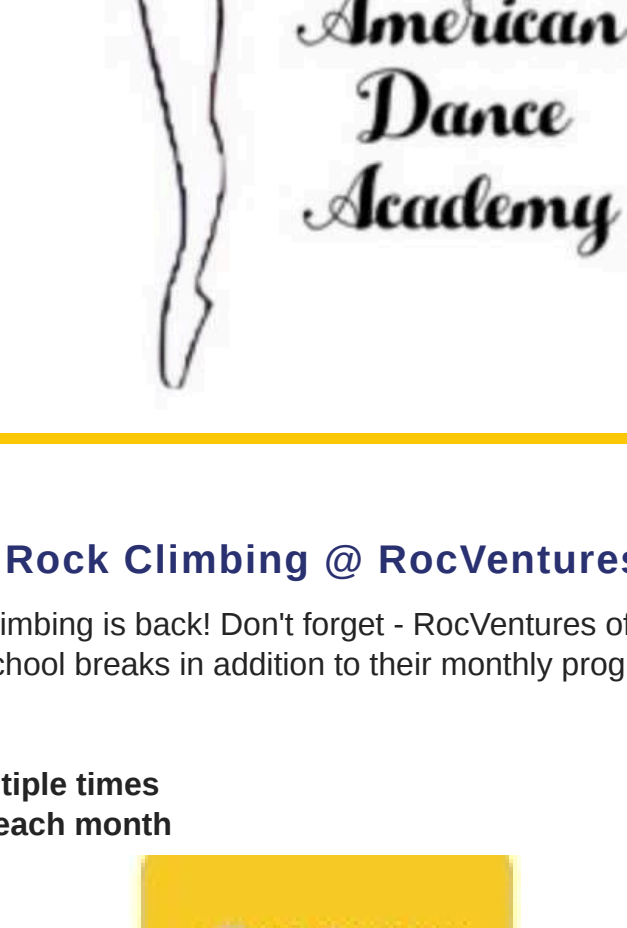
Dance at Brighton Rec with American Dance Academy!
classes start the week of Sept. 23 - it's not too late to join!

Tap, Ballet, and Tumbling

Intro to dance and basic tumbling skills for ages 3 - 6 years.

Wednesdays @ 5:30 pm

[Register](#)



Tap, Ballet, and Jazz

This ongoing, progressive program will culminate with a recital in the spring.

3 - 7 years Mondays 5:15 pm
7 - 12 years Wednesdays 1:15 pm

[Register](#)

Horseback Riding Lessons

Certified instructors teach how to ride and proper horsemanship skills. Lessons at Hillrise Equestrian Center.

Mondays @ 6:00 pm
First session begins Monday Sept. 30

[Register](#)

Rock Climbing @ RocVentures

Recess Rock Climbing is back! Don't forget - RocVentures offers single day camps during school breaks in addition to their monthly programs!

Ages 6 - 18 yrs

Saturdays, multiple times
New sessions each month

[Register](#)

Super Soccer Stars

Parent/child pre-soccer program with music, movement, and puppets!
Ages 1 - 2.5 yrs

Thursdays @ 10:00 am
Oct. 3 - Nov. 21

[Register](#)

Youth Basketball

Brighton Rec offers an inclusive environment for kids of all skill levels to get in the game this winter!
Our leagues will emphasize good sportsmanship, balanced competition, and fun!

Hoopstars

K - 2nd Grade Wednesday

Designed to introduce the basics in a fun & inclusive environment with drills & games.

Wednesdays @ 4:00 pm
Oct. 9 - Oct. 30

[Register](#)

3rd - 5th Grade Wednesday

Open to all, intended as extra practice for those in the development league. Further your skills with Coach DJ!

Wednesdays @ 4:00 pm
Nov. 6 - Dec. 18

[Register](#)

3rd - 5th Grade Thursday

Open to all, intended as extra practice for those in the development league. Further your skills with Coach DJ!

Thursdays @ 4:00 pm
Nov. 7 - Dec. 19

[Register](#)

Brighton Development Basketball League

Boys 3rd - 5th Grade Saturdays

Teams will be formed based on skill. Class will consist of practice followed by a game.

Saturdays 10:00 am - 12:00 pm
Nov. 9 - Feb. 8

[Register](#)

Girls 3rd - 5th Grade Sundays

Teams will be formed based on skill. Class will consist of practice followed by a game.

Sundays 10:00 am - 12:00 pm
Dec. 8 - Feb. 9

[Register](#)

Brighton 6th Grade Basketball League

Boys League Saturdays

Saturdays @ 9:00 am
Nov. 9 - Feb. 8

[Register](#)

This league intends to provide an opportunity for 6th graders to play competitively throughout the winter. We hope you will register early so that we can have enough participants to run a full league!

Please see the activity description for details on how the activity will run based on enrollment numbers

Girls League Sundays

Sundays @ 9:00 am
Nov. 10 - Feb. 9

[Register](#)

Adult Sport and Fitness

Brighten Up Yoga

Yoga Revolution brings yoga to the Brighton Barn this fall! Great for new and experienced yogis alike!

New Session Starts Oct. 2!
Wednesdays @ 5:30 pm

[Register](#)

Yoga at the Barn with Live Music

Yoga and live music together? What could be better?!

Saturday, October 5 @ 5:00 pm
Brighton Barn on Westfall Rd.

[Register](#)



LIVE MUSIC & YOGA IN THE BARN

WITH YOGA REVOLUTION
MUSIC BY MIKE BOUCHER & KERI DONOHUE

Saturday, October 5

9:30 - 10:30 AM

\$20 / person

join us in the newly renovated
Buckland Barn for Live Music & Yoga!!

space is limited



Brighton Recreation * 585-784-5260 x0
www.townofbrighton.org/rec



Social Seniors @ Brighton Senior Center

Get Social at the Brighton Senior Center!

[Click Here to View the Brightest Senior Monthly Bulletin!](#)

thank
you!

Farewell to Emily Kelsey Celebration

Tuesday October 15
11:30 am - 1:00 pm

Emily wants to thank the Brighton Seniors for an amazing 9+ years. Come have a slice of pizza and a mingle with our wonderful friends! Pictures, stories, and well wishes welcome - please no gifts.

Tuesdays 11:30 am - 1:00 pm

Brown Bag Bunch

Bring a snack or lunch and meet in our multipurpose room. All are welcome!
Registration in advance is appreciated, not required.

[Register](#)

10/1

Welcome Tracy LaFountain & Music with Fred Vine

Welcome our new Senior Program Coordinator & enjoy Fred's music!

Cake provided by Gables of Brighton to celebrate October birthdays!

10/8

Armchair Tour of Brighton Cemetery

Town Historian Mary Jo Lanphear takes us on a virtual tour - hear stories of Buckland House and more!

10/22

Unravelling Mysteries of Sleep with Rosemary Irwin

There is nothing simple about sleep. Healthy sleep is indispensable for good health!

10/29

Halloween Party & Steve West Acoustic Tunes

Dress in costume or come as you are for a fun day with less tricks and more treats!

FREE Games and Activities

Register ahead online or by calling 585-784-5260, then check in when you arrive.

Bridge Group Mondays, 1:00 - 3:30 PM
Register with a partner if you have one, but not required.

PLARN Group Tuesdays, 9:30 - 11:30 AM
Join this remarkable service project transforming plastic into mats for people experiencing homelessness.

Euchre Group Tuesdays, 1:30 - 3:30 PM
Bring your quarters and dimes.

Needleworks Wednesdays, 10:00 - Noon
A group for people who enjoy individual needlework projects. Bring your project, peer guidance is always available!

Mah Jongg Groups Wednesdays 1:30 PM, Fridays 1:00 PM
Bring the latest Mah Jongg card with you!

Short Story Circle 1st and 3rd Fridays, 10:30 - Noon
Do you enjoy discussing diverse short story genres and writers? Register to receive the reading schedule.

Rummikub Thursdays, 10:00 - Noon
A tile-based game that combines elements of rummikub and mah jongg!

Scrabble Thursdays, 12:30 - 1:30 PM
Please call ahead to register.

See you soon at Brighton Rec!

Questions? Call the Brighton Recreation Department at 585-784-5260
Register online at www.townofbrighton.org/rec

GPS Address: 1666 S. Winton Road
Mailing Address: 220 Idlewood Road