



Welcome October! 🎃

October is here and we are ready for a month of fun programs and activities at Brighton Rec! This week we had a full house with kids joining our Full Day Fun Days, be sure to register for upcoming BCSD half and full day breaks if you're looking for something for the kids to do! Tomorrow, October 5 we have **Live Music and Yoga at the Barn at Buckland** - it's not too late to register! For Brighton Seniors, we have a wonderful **Tuesday Brown Bag lunch on October 8 with Town Historian Mary Jo Lanphear** who will give us an 'armchair tour' of the Brighton Cemetery! We're hard at work planning for the Town of Brighton Trunk or Treat event - we hope you'll join us! Interested in "Tricking out your trunk"? Information and registration is below. See you soon at Brighton Rec!

View All Programs

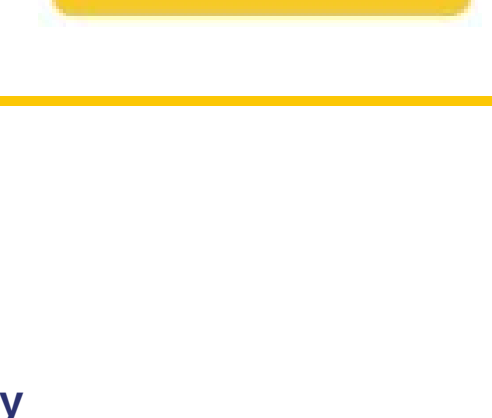
Community Events

Saturday Oct. 19

9:00 am - arrive to set up at Brighton Town Hall Safety Wing
10:00 - 12:00 - Halloween Trunk of Treat event, while supplies last

Trick Out Your Trunk

We need your creativity! Put your car in costume and be part of the fun!
Reserve your spot at our Trunk or Treat event. We provide the treats, you provide the Tricked Out Truck!
Space is limited, register now!



Learn more

Friday, October 25
4:00 - 5:00 pm



Sensory Friendly Trick - or - Treating

This program is specifically for our friends and families who would benefit from a low key, relaxed Trick or Treating event.

REGISTRATION REQUIRED

Register

Family Fun Fridays



Family Escape Rooms

Friday, October 18

Join Brighton Rec for Family Fun Friday - Escape Room Edition! An evening of mystery and excitement with puzzles, challenges, and teamwork.
Ages 4+.

Registration required by October 14.

Register

School Break Programs

Brighton Rec offers care for Kindergarten - 5th Grade during some school breaks and holidays.
These programs are separate from our after school program and anyone can register!

Brookside After School Program

As of 9/25, there is one spot available Monday - Friday at the Brookside location.

Please contact the office for more information and to register - 585-784-5260 x0.
A tour can be scheduled if desired, and children can be bussed from CRPS or FRIES by contacting BCSD transportation office.

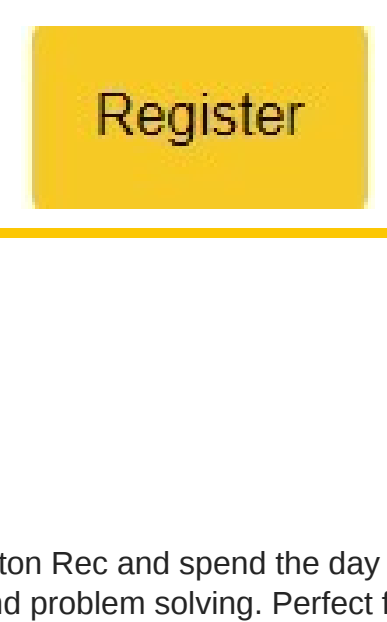
100 Things to do in Rochester before you're 12 Field Trip to Ellison Park!

Join Miss Michele and Miss Abby for the 2nd adventure of 100 things to do before you're 12! Participants will check 10 items off the list at Ellison Park, but how many more have you already done?!

Participants will be dropped off/picked up at Brighton Recreation. Transportation to Ellison Park will be in the Recreation van.

Monday, October 14
10:00 am - 2:00 pm
Ages 6 - 11 yrs

Register

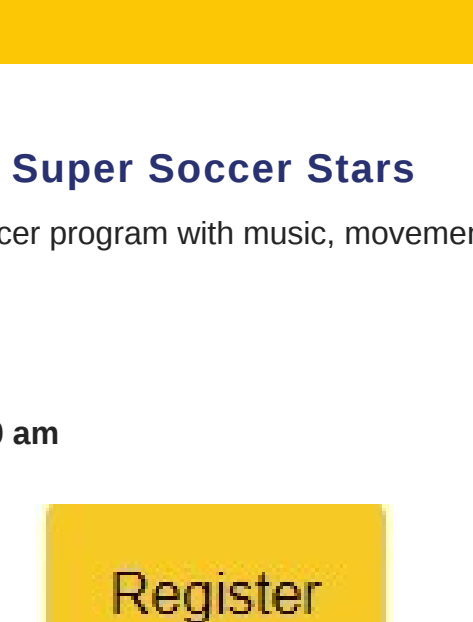


Register

Storybook Cook Halloween Dessert Wars!

Join Storybook Cook for the first class of the fall - Halloween desserts! Participants will compete for best decorated cupcakes and treats in different categories.

Friday, October 11
3:00 pm - 4:30 pm
Ages 8 - 12 yrs



Register

Engineering Marvels Recess Day with Fun4All

Join Fun4All at Brighton Rec and spend the day off school exploring engineering through fun, hands on projects like building wind-powered cars and catapults, sparking creativity and problem solving. Perfect for Young Inventors!

Friday, November 1
9:00 am - 3:00 pm
Ages 6 - 12 yrs

Youth Programs

Horseback Riding Lessons

Certified instructors teach how to ride and proper horsemanship skills.
Lessons at Hillrise Equestrian Center.

Thursdays @ 6:00 pm
Oct. 3 - 24

Register

Rock Climbing @ RocVentures

Recess Rock Climbing is back! Don't forget - RocVentures offers single day camps during school breaks in addition to their monthly programs!
Ages 6 - 18 yrs

Saturdays, multiple times
New sessions each month

Register

Super Soccer Stars

Parent/child pre-soccer program with music, movement, and puppets!
Ages 1 - 2.5 yrs

Thursdays @ 10:00 am
Oct. 3 - Nov. 21

Register

Youth Basketball

Brighton Rec offers an inclusive environment for kids of all skill levels to get in the game this winter!
Our leagues will emphasize good sportsmanship, balanced competition, and fun!

Hoopstars

K - 2nd Grade Wednesday

Designed to introduce the basics in a fun & inclusive environment with drills & games.

Wednesdays @ 4:00 pm
Oct. 9 - Oct. 30

Register

3rd - 5th Grade Wednesday

Open to all, intended as extra practice for those in the development league. Further your skills with Coach DJ!

Wednesdays @ 4:00 pm
Nov. 6 - Dec. 18

Register

3rd - 5th Grade Thursday

Open to all, intended as extra practice for those in the development league. Further your skills with Coach DJ!

Thursdays @ 4:00 pm
Nov. 7 - Dec. 19

Register

Brighton Development Basketball League

Boys 3rd - 5th Grade Saturdays

Teams will be formed based on skill.
Class will consist of practice followed by a game.

Saturdays 10:00 am - 12:00 pm
Nov. 9 - Feb. 8

Register

Girls 3rd - 5th Grade Sundays

Teams will be formed based on skill.
Class will consist of practice followed by a game.

Sundays 10:00 am - 12:00 pm
Dec. 8 - Feb. 9

Register

Brighton 6th Grade Basketball League

Boys League Saturdays

Saturdays @ 9:00 am
Nov. 9 - Feb. 8

Register

This league intends to provide an opportunity for 6th graders to play competitively throughout the winter.
We hope you will register early so that we can have enough participants to run a full league!

Please see the activity description for details on how the activity will run based on enrollment numbers

Girls League Sundays

Sundays @ 9:00 am
Nov. 10 - Feb. 9

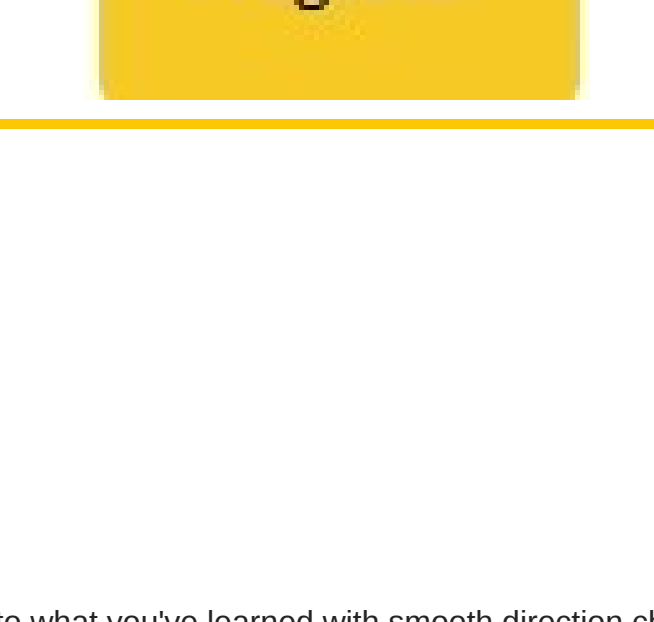
Register

Adult Programs

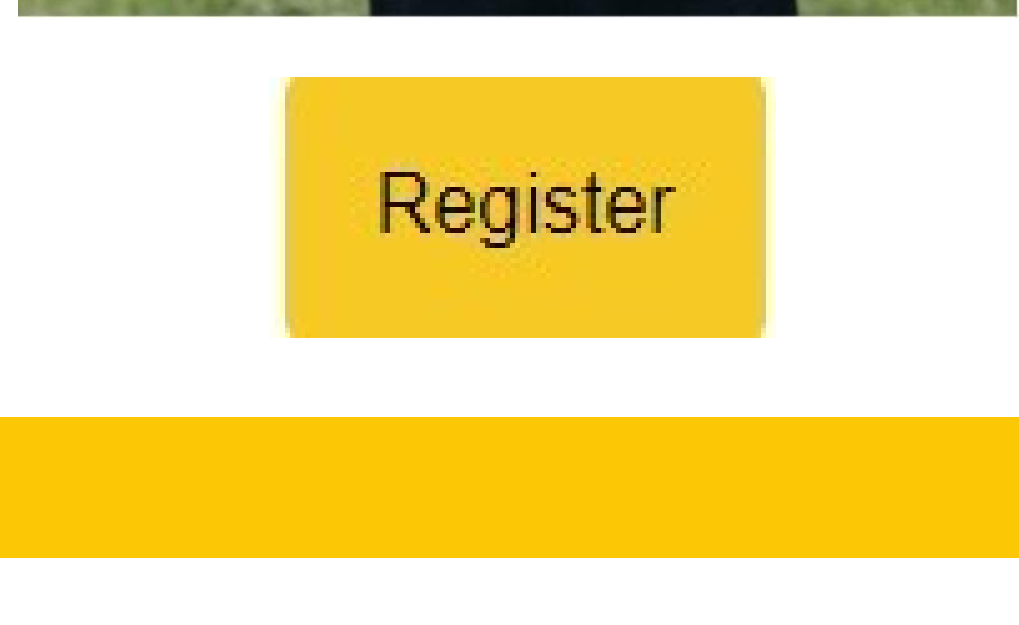
Puppy Pre-K with Young Lion Training & Behavior

For puppies 8 weeks to 4 months, this class will cover the basics: sit, down, walking on a loose leash, housetraining, and more! Puppies must up to date on vaccinations and have current dog license.

New Session Starts October 8!
Tuesdays @ 6:00 pm
Oct. 8 - Nov. 19



Register



Tai Chi Sun 73 with Lifespan

This advanced class is for those who have completed Tai Chi Part 1 and Part 2. Join Sarah as she add to what you've learned with smooth direction changes, additional balance challenges, and 73 forms! Class takes place at The Barn at Buckland.

Tuesday & Thursday
1:30 - 2:15 pm
October 8 - December 5

Register

Social Seniors @ Brighton Senior Center

Get Social at the Brighton Senior Center!
[Click Here to View the Brightest Senior Monthly Bulletin!](#)

Farewell to Emily Kelsey Celebration

Tuesday October 15
11:30 am - 1:00 pm

Emily wants to thank the Brighton Seniors for an amazing 9+ years. Come have a slice of pizza and a mingle with our wonderful friends! Pictures, stories, and well wishes welcome - please no gifts.

Tuesdays 11:30 am - 1:00 pm Brown Bag Bunch

Bring a snack or lunch and meet in our multipurpose room. All are welcome!
Registration in advance is appreciated, not required.

Register

10/8

Armchair Tour of Brighton Cemetery
Town Historian Mary Jo Lanphear takes us on a virtual tour - hear stories of Buckland House and more!

10/22

Unravelling Mysteries of Sleep with Rosemary Irwin
There is nothing simple about sleep. Healthy sleep is indispensable for good health!

10/29

Halloween Party & Steve West Acoustic Tunes
Dress in costume or come as you are for a fun day with less tricks and more treats!

Lunch Out & About

Join us for a nice time out and about!
Register online or by calling the Rec office at 585-784-5260 x0.
Van transportation is available, space is limited so register early!

Register

Wednesday 10/9 Legacy Clover Blossom

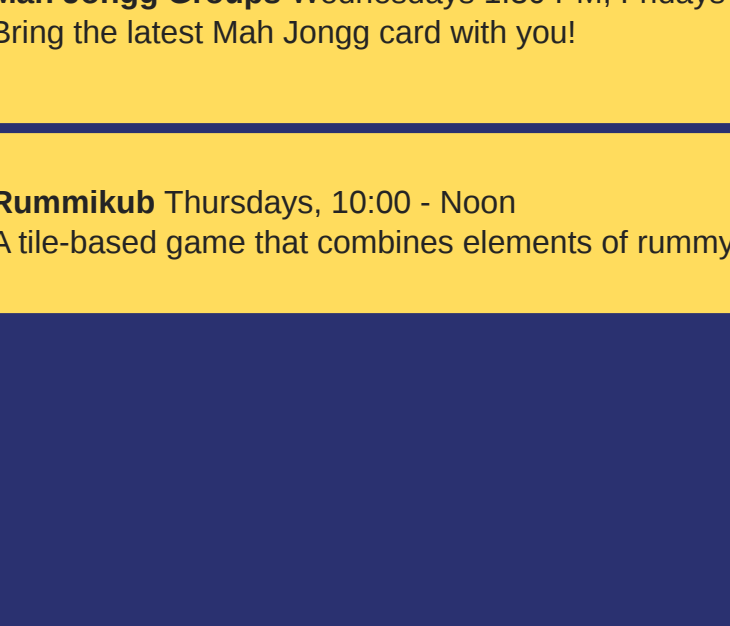
11:30 am - Meet at Rec Center if riding in the van
Noon - Meet at Legacy Clover Blossom

Address: 100 McAuley Drive
Rochester, NY 14610

Friday 10/24 "The Gables Experience" Luncheon

11:30 am - Meet at Rec Center if riding in the van.
Noon - Meet at The Gables of Brighton

Address: 2001 S. Clinton Ave
Rochester, NY 14618



Birdwatching & Mindfulness

Let by Stephanie, a Masters student from Nazareth University Art Therapy Masters Program.

Birding is a form of mindfulness that allows us to be in the present moment and feel connected to our surroundings, reduce stress and mental fatigue. Activate your senses and connect with nature!

BYO-Binoculars and you can download the Merlin Bird ID app ahead of time.

Learn more

Group meets in the morning
Dates & Locations vary

Register ahead online or by calling 585-784-5260, then check in FREE when you arrive.

Bridge Group Mondays, 1:00 - 3:30 PM
Register with a partner if you have one, but not required.

PLARN Group Tuesdays, 9:30 - 11:30 AM
Join this remarkable service project transforming plastic into mats for people experiencing homelessness.

Euchre Group Tuesdays, 1:30 - 3:30 PM
Bring your quarters and dimes.

Needleworks Wednesdays, 10:00 - Noon
A group for people who enjoy individual needlework projects. Bring your project, peer guidance is always available!

Mah Jongg Groups Wednesdays 1:30 PM, Fridays 1:00 PM
Bring the latest Mah Jongg card with you!

Short Story Circle 1st and 3rd Fridays, 10:30 - Noon
Do you enjoy discussing diverse short story genres and writers? Register to receive the reading schedule.

Rummikub Thursdays, 10:00 - Noon
A tile-based game that combines elements of rummik and mah jongg!

Scrabble Thursdays, 12:30 - 1:30 PM
Please call ahead to register.

See you soon at Brighton Rec!

Questions? Call the Brighton Recreation Department at 585-784-5260

Register online at www.townofbrighton.org/rec
GPS Address: 1606 S. Winton Road
Mailing Address: 220 Idlewood Road