



Winter/Spring 2025 Program

Registration begins Thursday, January 2

Happy New Year from Brighton Recreation!

Thank you to our wonderful community for making 2024 one the best years yet! As you plan for 2025, take a look at the exciting programs Brighton Rec will offer in the Winter/Spring 2025 Program Session. There's something for everyone! Registration will open for **Brighton residents on Thursday, January 2 at 9:00 am**. Browse now and register early! Non-residents can register on Thursday, January 9. You can register online, by phone, mail, or in-person at the Recreation Office. We're always adding new programs, so be sure to check our website, follow us on Facebook, and keep you eye on our Friday emails for new programs throughout the year!

See you soon at Brighton Rec!

View All Programs

Community Events

First Day Hike

Walk & Talk with Supervisor Moehle

Wednesday, January 1, 2025 at 10:00 am

Brickyard Trailhead - Elmwood Avenue

Join Supervisor Moehle for the first ever **First Day Hike** in Brighton! Meet at the Brickyard Trailhead on Elmwood Ave and enjoy a walk down the Brickyard Trail. Start the new year off right outdoors with friends and family.

All ages welcome, registration is required for this free event.



Winter/Spring 2025 Programs

Winter/Spring 2025 programs will be open for Brighton residents to register at 9:00 am on Thursday, January 2.
Non-resident registration begins on Thursday, January 9.

Preschool Programs

Activities for the little ones - daytime & weekend activities available!

Music & Movement January & March sessions Thursdays 9:15 am	Pee Wee Tennis Monthly sessions Saturdays 10:30 am
New! Robot Mini Makers w/ Brooklyn Robot Foundry Starts Feb. 8, Ages 2 - 5 Saturdays 8:30 am	Super Soccer Stars - Parent & Me January & March sessions Thursdays 10:00 am
Tap, Ballet & Tumbling Starts Jan. 22 Wednesdays 5:30 pm	Tots Take Over January & March sessions Wednesdays 9:30 am

Youth Programs

Keep the kids busy this winter with programs after school and on weekends! Reminder - programs may be cancelled due to low enrollment so register early!

After School Athletics Monthly sessions for 3rd - 5th grade Mondays 4:00 pm	FIT Kids: Fencers in Training Next session starts 1/8 for ages 4-7 yrs Wednesdays 4:00 pm
Hoopstars 3rd - 5th starts Thurs. 1/16 at 4:00 pm K - 2nd starts Tues. 1/21 at 4:10 pm	Horseback Riding Lessons Monthly sessions at Hillrise Equestrian Center Mondays 6:00 pm
Intro to Tae Kwon Do K - 2nd grade starts Jan. 23 Thursdays 4:30 pm	New! Robot Coders w/ Brooklyn Robot Foundry Starts Jan. 27, Ages 11 - 15 Mondays 6:00 pm
RocVentures Monthly sessions + Recess Days Ages 6 - 17	Soccer Shots Starts Jan. 16 Thursdays 5:45 pm (3-4yrs) & 6:30 pm (5-7yrs)
Tap, Ballet & Jazz Next session starts Jan. 22 Mondays 5:15 pm (13 - 17 yrs) Wednesdays 6:15 pm (7 - 12 yrs)	New! Soccer Stars January session for 3 - 5 yrs - Sundays 9:00 am March session for 5 - 7 yrs - Sundays 9:00 am

Adult Fitness

Brighton Rec offers many way to get active this winter - we have something for everyone!

Brighten Up Yoga Starts January 15 Wednesdays 5:30 pm @ The Barn at Buckland	Better Balance Bootcamp w/ Wellness 360 Starts January 28 Tuesdays 9:15 am @ The Barn at Buckland
Gentle Yoga Starts January 29 Wednesdays 3:30 pm @ The Barn at Buckland	Groove Method (Dance Cardio) Starts January 16 Thursdays 12:15 pm
Mat Pilates Starts January 8 Wednesdays 12:15 pm @ The Barn at Buckland	Active Artful Aging w/ PUSH Physical Theatre Starts January 15 Wednesdays 10:00 am
Tai Chi for Arthritis Part 2 w/ Lifespan Starts January 14 Tuesday/Thursdays 1:30 pm @ The Barn at Buckland	Water Exercise @ St. John's Meadows January, March, and April sessions Wednesdays at 6:30 pm & Saturdays at 9:30 am
Pickleball Foundations - perfect for those new to the sport! Instructionals - comprehensive instructional program for all levels Open Pickleball - get your teammate and sign up for a weekly spot at Brookside!	

Lifelong Learning

New sessions of popular classes starting soon - it's never too late to try something new!

Beginner Bridge Starts January 13 Part 1 Bidding - Mondays 11:00 am Part 2 Play of the Hand - Mondays 12:15 pm	Mah Jongg for Beginners Starts January 16 Thursdays 1:30 pm
Dog Training w/ Young Lion Training Starts January 14 Happy Dog Level 1 - Tuesdays 7:15 pm Puppy Pre-K - Tuesdays 6:00 pm	Knitting Class Starts January 27 Mondays 10:00 am w/ Betsy Mondays 6:30 pm w/ Brenda
Painting Concepts Starts January 21 Tuesday Evenings w/ Betsy 6:30 pm	

School Break Programs

Don't forget to plan ahead and register early for Brighton Rec school break programs!

"100 Things to do in Rochester before you're 12" Trip Ages 6 - 11 Saturdays, January 25 & April 26 10:00am - 2:00pm January - Washington Park April - Durand Eastman Park	Taylor Swift Party! K - 5th Grade Friday, February 21 @ 1:30 pm Friday, April 18 @ 1:30 pm
Babysitter's Training Ages 11 - 15 January 29, March 28, & May 17	Recess Camps & Full Day Fun Days K - 5th Grade February & April Break Week Camps Full Day Fun Days Jan. 29 & March 28
Home Alone Safety: When I'm In Charge Ages 8 - 12 January 29, March 28, & May 23	Fun4All Camps @ Brookside Ages 6 - 12 Day & Break Week Camps with Fun4All at Brookside with fun themes!

FREE Games and Activities

Register ahead online or by calling 585-784-5260, then check in when you arrive.

Bridge Group Mondays, 1:00 - 3:30 PM Register with a partner if you have one, but not required.	PLARN Group Tuesdays, 9:30 - 11:30 AM Join this remarkable service project transforming plastic into mats for people experiencing homelessness.
Euclre Group Tuesdays, 1:30 - 3:30 PM Bring your quarters and dimes.	Needleworks Wednesdays, 10:00 - Noon A group for people who enjoy individual needlework projects. Bring your project, peer guidance is always available!.
Mah Jongg Groups Wednesdays 1:30 PM, Fridays 1:00 PM Bring the latest Mah Jongg card with you!	Short Story Circle 1st and 3rd Fridays, 10:30 - Noon Do you enjoy discussing diverse short story genres and writers? Register to receive the reading schedule.
Rummikub Thursdays, 10:00 - Noon A tile-based game that combines elements of rummy and mah jongg!	Scrabble Thursdays, 12:30 - 1:30 PM Please call ahead to register.

See you soon at Brighton Rec!

Questions? Call the Brighton Recreation Department at 585-784-5260
Register online at www.townofbrighton.org/rec
GPS Address: 1666 S. Winton Road
Mailing Address: 220 Idlewood Road