



**TOWN OF BRIGHTON
RECREATION DEPARTMENT
CHECK US OUT
PROGRAMS FOR ALL AGES!**

585-784-5260 x0
www.townofbrighton.org/rec
brighton.recreation@townofbrighton.org
Check out what we have coming up online!

Happy Friday from Brighton Recreation!

Fall 2025 programs are here and registration is open for all! Below you'll find information to register for some programs starting this month. Click the **View All Programs** below to find our online catalog for all of our Fall 2025 program offerings. If you have any questions about programs or how to register, please call the office at 585-784-5260 x0. See you soon at Brighton Rec!

[View All Programs](#)

Preschool Programs



Pee Wee Tennis

Fun drills are used to develop hand-eye coordination and to become familiar with the tennis court. Participants will also be taught how to hold and swing the racket.

Ages 3 - 6 yrs

Saturdays @ 10:30 am
Sept. 13 - Oct. 4

[Register](#)



Super Soccer Stars: Parent and Me

This parent-child pre-soccer program is designed for toddlers and focuses on nurturing physical, cognitive, and social skills through fun, engaging activities. Dive into a world of stimulating play alongside your little one!

Ages 1 - 3 yrs

Sundays @ 10:00 am
Sept. 21 - Nov. 9

[Register](#)

Youth Programs

Intro to Tae Kwon Do for Children

This course for young children continues their training in the martial art and basic techniques and skills.

Grades Kindergarten - 2nd

Thursdays @ 4:30 pm
Sept. 18 - Dec. 11

[Register](#)

Intro to Tae Kwon Do

Students will learn kicking, blocking, punching, and self-defense techniques while working on form basics.

Grades 3rd - 12th

Saturdays @ 2:45 pm
Sept. 13 - Dec. 13

[Register](#)



Soccer Stars

Empower your child through soccer with Soccer Stars - teaching life skills while ensuring they have fun and develop healthy habits from a young age!

Two age groups: 3 - 5 yrs and 5 - 8 yrs

Sundays @ 10:00 am
Sept. 12 - Nov. 9

[Register](#)



Future Stars Tennis

Led by Dyson Tennis Team, Future Stars will cover technical aspects to develop good tennis habits. JV/Varsity class covers technical and competitive drills.

Ages 6 - 18 yrs.

Fridays @ 4:00 pm
Sept. 12 - Oct. 24

[Register](#)

Robot Builders

Join Brooklyn Robot Foundry for Robot Builders where we'll blend creativity and STEAM as kids build real working robots each week - complete with lights, sounds, or movement! Through engaging hands-on lessons they'll learn engineering basics, boost problem-solving skills and leave every class proud, inspired, and holding their custom creation.

Ages 6 - 8 yrs

Tuesdays @ 6:00 pm
Sept. 16 - Oct. 21

[Register](#)

Adult Sport & Fitness

Better Balance Bootcamp

Class takes place at The Barn at Buckland - 1341 Westfall Rd.

If you're not actively working on balance, you're losing it! Join Lindsay Perez as she guides you through this popular program to popular program to improve your posture, strengthen your body and improve your balance.

Tuesdays @ 9:15 am
Sept. 16 - Oct. 21

[Register](#)

Gentle Yoga

Join us to relax mind and body, build strength, balance and flexibility. This is a gentle yoga flow with modifications offered to make class suitable for both beginners and experienced yoga students. Grab your mat and join us!

Two class times available!
Wednesdays @ 3:30 pm - or - Fridays @ 3:30 pm

**Wednesdays and
Fridays @ 3:30 pm**
Classes start Sept. 17

[Register](#)

Brighten Up Yoga

This open-level vinyasa class includes movements and meditations that help brighten up your physical and mental health and help you feel stronger and more flexible in both body and mind.

**Wednesdays @ 4:40 and
5:45 pm**
Sept. 17 - Oct. 29

[Register](#)

Water Exercise

This low-impact, high-energy pool workout is a great way to work on range of motion, endurance, and strengthening in the warm pool at St. John's Meadows! Appropriate for all fitness levels.

Wednesdays @ 6:30 pm
Saturdays @ 9:30 am
Classes start Sept. 24

[Register](#)

Lifelong Learning

Knitting Class

Have you always wanted to learn to knit? Join us for relaxation, fun and an opportunity to expand your knitting knowledge. Beginners and experienced knitters welcome!

**Mondays
10:30 am & 6:30 pm**
Classes start Sept. 15

[Register](#)

Painting Concepts

Ready to flex your creative muscles this summer? Painting Concepts provides instruction and demonstration while you create using the media of your choice. All experience levels welcome!

Tuesdays @ 6:30 pm

[Register](#)

Intro to Art: Drawing

Designed for those who want to explore their creative side, this class will get you into art through approachable projects that make it easy to jump in whether you're sharpening old skills or starting fresh!

Tuesdays @ 12:30 pm

[Register](#)

Beginner Bridge

Bidding in the 21st Century Part 1: This four-week beginner-friendly class introduces the fundamentals of the Standard American bidding system, giving you the tools to start playing confidently at the table—without getting lost in the details.

Defense in the 21st Century Part 1: In this class, you'll discover strategies for making the most of your cards, from choosing the right opening lead to working with your partner to stop opponents' tricks.

**Mondays
Classes start Sept. 15**

[Register](#)

Social Seniors @ Brighton Senior Center

Tuesdays 11:30 am - 1:00 pm Brown Bag Bunch

Bring a snack or lunch and meet in our multipurpose room. Program/entertainment begins at 12:00 pm. All are welcome!

[Register](#)

BROWN BAG BUNCH (BBB) Tuesdays & Thursdays 11:30 am - 1:00 pm - All are welcome!		
9/2 - Craft w/ Legacy Blossom	9/4 - Fall Season Open House	9/9 - Chorus of the Genesee
Join Michaela to create colorful marbled coasters.	Stop by our Fall Open House to explore upcoming programs and classes.	Enjoy a lively performance of barbershop harmony.
9/11 Crafternoon w/ Dara	9/16 - Walking in the Wetland Wonderland w/ Bonnie Abrams	9/18 - Erie Canal History w/ Mary Jo Lanphear
Come together to create floral decorations that will brighten our community space.	Discover the beauty and importance of wetlands through stories & song.	Journey through the 250 year story of the Erie Canal and its place in history.
9/23 - All About Orchids w/ Genesee Regional Orchid Society	9/30 - Fuel for Thought: Eat Smart, Stay Sharp w/ Brian Potvin	Bring a snack/brown bag lunch & join your friends. Program/entertainment begins at 12:00 pm in the MPR!
Explore the fascinating world of orchids and what makes them so unique.	Discover the link between healthy eating and staying mentally sharp.	

Lunch Out and About

Join us for a nice lunch out and about! Register online or by calling the Rec Office at 585-784-5260 x0. Van transportation is available, space is limited.

[Register](#)

Wednesday Sept. 17

12:00 pm

Lunch & Learn - River Edge Manor

535 Mt. Hope Ave
Rochester, NY 14620

\$8 due at front desk (cash only)
****Register by 9/15****

FREE Games and Activities

Register ahead online or by calling 585-784-5260, then check in when you arrive.

Bridge Group Mondays, 1:30 - 3:30 PM
Register with a partner if you have one, but not required.

PLARN Group Tuesdays, 9:30 - 11:30 AM
Join this remarkable service project transforming plastic into mats for people experiencing homelessness.

Euchre Group Tuesdays, 1:30 - 3:30 PM
Bring your quarters and dimes.

Needleworks Wednesdays, 10:00 - Noon
A group for people who enjoy individual needlework projects. Bring your project, peer guidance is always available!

Mah Jongg Groups Wednesdays 1:30 PM, Fridays 1:00 PM
Bring the latest Mah Jongg card with you!

Short Story Circle 1st and 3rd Fridays, 10:30 - Noon
Do you enjoy discussing diverse short story genres and writers? Register to receive the reading schedule.

Rummikub Thursdays, 10:00 - Noon
A tile-based game that combines elements of rummy and mah jongg!

Scrabble Thursdays, 12:30 - 1:30 PM
Please call ahead to register.

See you soon at Brighton Rec!

Questions? Call the Brighton Recreation Department at 585-784-5260
Register online at www.townofbrighton.org/rec
GPS Address: 1666 S. Winton Road
Mailing Address: 220 Idlewood Road