



## Happy Friday from Brighton Recreation!

Fall 2025 programs are here and registration is open for all!

Below you'll find information to register for some programs starting this month. Click the [View All Programs](#) below to find our online catalog for all of our Fall 2025 program offerings. If you have any questions about programs or how to register, please call the office at 585-784-5260 x0. See you soon at Brighton Rec!

[View All Programs](#)

## Community Events



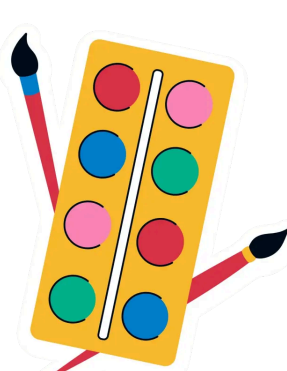
### Family Trivia Night!

Test Your knowledge with Brighton Rec! Families will compete as groups to see who knows the most random and wacky facts. Parent participation required. All ages.

Friday, September 26  
6:30 - 7:30 pm

[Register](#)

## Preschool Programs



### Mini Makers

**Messy Art Mondays** - Join us Monday mornings for an hour of messy, creative fun exploring textures and colors!

**Book Club** - Join Miss Annabel Thursday mornings for story time, followed by a book related craft!

**Ages 1 - 4 yrs. Parent participation required.**

**Starts Monday, Sept. 22**

[Learn more](#)



### Super Soccer Stars: Parent and Me

This parent-child pre-soccer program is designed for toddlers and focuses on nurturing physical, cognitive, and social skills through fun, engaging activities. Dive into a world of stimulating play alongside your little one!

**Ages 1 - 3 yrs**

**Sundays @ 10:00 am**  
Sept. 21 - Nov. 9

[Register](#)

## Youth Programs

### Intro to Tae Kwon Do for Children

This course for young children continues their training in the martial art and basic techniques and skills.

Grades Kindergarten - 2nd

**Thursdays @ 4:30 pm**  
Sept. 18 - Dec. 11

[Register](#)

### Intro to Tae Kwon Do

Students will learn kicking, blocking, punching, and self-defense techniques while working on form basics.

Grades 3rd - 12th

**Saturdays @ 2:45 pm**  
Sept. 13 - Dec. 13

[Register](#)



### Soccer Stars

Empower your child through soccer with Soccer Stars - teaching life skills while ensuring they have fun and develop healthy habits from a young age!

**Two age groups: 3 - 5 yrs and 5 - 8 yrs**

**Sundays @ 10:00 am**  
Sept. 21 - Nov. 9

[Register](#)

### Robot Builders

Join Brooklyn Robot Foundry for Robot Builders where we'll blend creativity and STEAM as kids build real working robots each week - complete with lights, sounds, or movement! Through engaging hands-on lessons they'll learn engineering basics, boost problem-solving skills and leave every class proud, inspired, and holding their custom creation.

**Ages 6 - 8 yrs**

**Tuesdays @ 6:00 pm**  
Sept. 16 - Oct. 21

[Register](#)

## Adult Sport & Fitness

### Brighten Up Yoga

This open-level vinyasa class includes movements and meditations that help brighten up your physical and mental health and help you feel stronger and more flexible in both body and mind.

**Wednesdays @ 4:40 and 5:45 pm**  
Sept. 17 - Oct. 29

[Register](#)

### Water Exercise

This low-impact, high-energy pool workout is a great way to work on range of motion, endurance, and strengthening in the warm pool at St. John's Meadows! Appropriate for all fitness levels.

**Wednesdays @ 6:30 pm**  
**Saturdays @ 9:30 am**  
Classes start Sept. 24

[Register](#)

## Lifelong Learning

### Knitting Class

Have you always wanted to learn to knit? Join us for relaxation, fun and an opportunity to expand your knitting knowledge. Beginners and experienced knitters welcome!

**Mondays**  
**10:30 am & 6:30 pm**  
**Classes start Sept. 15**

[Register](#)

### Painting Concepts

Ready to flex your creative muscles this fall? Painting Concepts provides instruction and demonstration while you create using the media of your choice. All experience levels welcome!

**Tuesdays @ 6:30 pm**

[Register](#)

### Intro to Art: Drawing

Designed for those who want to explore their creative side, this class will get you into art through approachable projects that make it easy to jump in whether you're sharpening old skills or starting fresh!

**Tuesdays @ 12:30 pm**

[Register](#)

## Social Seniors @ Brighton Senior Center


### Tuesdays 11:30 am - 1:00 pm

#### Brown Bag Bunch

Bring a snack or lunch and meet in our multipurpose room. Program/entertainment begins at 12:00 pm. All are welcome!

[Register](#)

### **BROWN BAG BUNCH (BBB) Tuesdays & Thursdays 11:30 am - 1:00 pm - All are welcome!**

<b><u>9/2 - Craft w/ Legacy Blossom</u></b>	<b><u>9/4 - Fall Season Open House</u></b>	<b><u>9/9 - Chorus of the Genesee</u></b>
Join Michaela to create colorful marbled coasters. 	Stop by our Fall Open House to explore upcoming programs and classes.	Enjoy a lively performance of barbershop harmony.
<b><u>9/11 Crafternoon w/ Dara</u></b>	<b><u>9/16 - Walking in the Wetland Wonderland w/ Bonnie Abrams</u></b>	<b><u>9/18 - Erie Canal History w/ Mary Jo Lanphear</u></b>
Come together to create floral decorations that will brighten our community space.	Discover the beauty and importance of wetlands through stories & song.	Journey through the 250 year story of the Erie Canal and its place in history.
<b><u>9/23 - All About Orchids w/ Genesee Regional Orchid Society</u></b>	<b><u>9/30 - Fuel for Thought: Eat Smart, Stay Sharp w/ Brian Potvin</u></b>	Bring a snack/brown bag lunch & join your friends. Program/entertainment begins at 12:00 pm in the MPR!
Explore the fascinating world of orchids and what makes them so unique.	Discover the link between healthy eating and staying mentally sharp.	

### Lunch Out and About

Join us for a nice lunch out and about! Register online or by calling the Rec Office at 585-784-5260 x0. Van transportation is available, space is limited.

[Register](#)

### Wednesday Sept. 17

**12:00 pm**

#### Lunch & Learn - River Edge Manor

535 Mt. Hope Ave  
Rochester, NY 14620

**\$8 due at front desk (cash only)**

**\*\*Register by 9/15\*\***

## FREE Games and Activities

Register ahead online or by calling 585-784-5260, then check in when you arrive.

**Bridge Group Mondays, 1:30 - 3:30 PM**  
Register with a partner if you have one, but not required.

**PLARN Group Tuesdays, 9:30 - 11:30 AM**  
Join this remarkable service project transforming plastic into mats for people experiencing homelessness.

**Euchre Group Tuesdays, 1:30 - 3:30 PM**  
Bring your quarters and dimes.

**Needleworks Wednesdays, 10:00 - Noon**  
A group for people who enjoy individual needlework projects. Bring your project, peer guidance is always available!.

**Mah Jongg Groups Wednesdays 1:30 PM, Fridays 1:00 PM**  
Bring the latest Mah Jongg card with you!

**Short Story Circle 1st and 3rd Fridays, 10:30 - Noon**  
Do you enjoy discussing diverse short story genres and writers? Register to receive the reading schedule.

**Rummikub Thursdays, 10:00 - Noon**  
A tile-based game that combines elements of rummy and mah jongg!

**Scrabble Thursdays, 12:30 - 1:30 PM**  
Please call ahead to register.

## See you soon at Brighton Rec!

Questions? Call the Brighton Recreation Department at 585-784-5260

Register online at [www.townofbrighton.org/rec](http://www.townofbrighton.org/rec)

GPS Address: 1666 S. Winton Road

Mailing Address: 220 Idlewood Road